

# Scottish Heart & Arterial disease Risk Prevention

## MINUTES

### SHARP TRUSTEES MEETING

**Date:** Wednesday 5<sup>th</sup> May 2021  
**Venue:** Zoom Meeting  
**Time:** 09:30

#### Present

Alan G Begg (AGB), Adrian Brady (AB), John Webster (JW), Bill Simpson (BS), Chris Packard (CP), Miles Fisher (MF), Dennis Sandeman, (DS), Tom MacDonald (TM), Rebecca Wheeler (RW), Isla McKenzie (IM), Christian Delles (CD), Paul Forsyth (PF), Victoria Kirkwood (VK) Lynne Innes (LI), Suzanne MacKenzie (SMc)

#### 1) Welcome

Co-chair AB welcomed everyone to the meeting

#### 2) Apologies

Apologies were received from Jonathan Malo, Jill Belch, Jacob George, Michelle Bartlett, Terry Quinn, Lorna Donaldson. The main reason given for apologies was that the day and time were unsuitable. Lorna Donaldson has submitted her resignation as a Trustee.

#### 3) Co-chairman roles 2021/2022

It was explained that AB would take the lead in organising the 2021 SHARP annual scientific meeting and that JG who had recently taken on a new drug regulatory role would take the lead for meetings in 2022 and chair meetings from after the 2021 Annual general Meeting.

#### 4) Minutes of previous meetings

##### a) Trustees Meeting 27<sup>th</sup> January 2021

Minutes of meeting held on 27<sup>th</sup> January 2021 had been circulated previously.

##### b) Adoption of Minutes

It was agreed that these minutes were an accurate account of the meeting.

##### c) Matters Arising from Minutes

Summaries of the Trustees minutes for the last year have now been prepared and will be published on the website in due course.

All other matters were covered under specific agenda items.

**5) Ratification of new trustees**

Liz Philips a GP in Dunfermline was appointed a Trustee and it was hoped that contact could be made with Mary Galbraith to be a patient representative. AB agreed to contact Stuart Watkins a Consultant Interventional Cardiologist at Golden Jubilee Hospital and Glasgow Royal Infirmary. His particular expertise in Transcatheter Aortic Valve Implantation (TAVI) would make him an ideal SHARP Trustee.

**6) Meetings in 2021**

**a) Need for hybrid meetings**

After discussion it was felt that the situation regarding the COVID-19 pandemic was such that there would be a need for a virtual element to any current meetings although it was felt that there was a demand to return to in person attendance at meetings.

**b) Orkney Symposium May 2021**

JW updated the Trustees that the RCPE would be running an online Orkney webinar on Thursday 13 May from 6.25-8pm.

There would be presentations on Rural and Remote Hospitals, the challenges of recruitment and training and the potential of telemedicine. The planned SHARP symposium would not be taking place.

**c) Annual Scientific Meeting and Scottish Lipid Forum Meeting**

AB indicated that we could run a hybrid meeting using the facilities of the RCPE on Thursday 18<sup>th</sup> November and the following morning if required. This would take place in the Great Hall with 75 in person delegates on the basis of current physical distancing rules. It was agreed after discussion that a one day meeting would suffice with the Lipid Forum in the morning (9 am to 1pm) and the SHARP symposium from 1pm to 5pm. SMcK and WS highlighted that the strength of the SLF was the networking element which needs to be included in the format.

**d) Topics for November meeting**

A full range of interesting topics were suggested by those present as possibilities to be addressed at this year's meeting. Topics included conducting remote trials, new methodologies for acquiring evidence, global risk and protective factors, the use of magnetic resonance imaging as well as wearable and the benefit of new diagnostic technologies. It was noted that heart failure had been covered last year but addressing cardiorenal disease was also mentioned. RW made a plea to ensure that appealing to a general practice orientated audience was not forgotten.

**7) Financial update and risk level**

AGB as Honorary Treasure gave an overview of the current position. This year's grant invoice to the University of Dundee (the first year of three) has now been received.

The accounts for the year ended 30 June 2020 have been submitted to the Scottish Charity Regulator (OSCR) but a meeting is planned with the accountant to finalise the information within the financial statement.

**8) Promoting SHARP**

There was general agreement that we need to increase the awareness of SHARP across the NHS in Scotland and it was advised that a postcard advertising our November meeting would be sent to all 818 GP practice managers in Scotland. It was hoped that Trustees would also forward fliers for the meeting to personal email contacts.

**9) British Heart Foundation Scotland - heart and circulatory disease strategy**

Those present who had seen the final draft commented on how comprehensive and useful a document it was.

**10) Projects**

All present agreed that the provision of blood pressure monitors remained a worthwhile project to be considered after the pandemic ends and the future outlook is clearer.

**11) Any other business**

No other items were raised.

**12) Date of next meeting**

The date agreed was Thursday 26<sup>th</sup> August 2021 from 2pm to 3.30pm.

**NOTE** This date was subsequently changed to Thursday 2<sup>nd</sup> September 2021 from 2pm to 3.30pm.