

Scottish Heart & Arterial disease Risk Prevention

MINUTES

SHARP TRUSTEES MEETING

Date: Thursday 2nd September 2021
Venue: Zoom Meeting
Time: 14:00

Present: Alan G Begg (AGB), Adrian Brady (AB), Jacob George (JG) John Webster (JW), Miles Fisher (MF), Tom MacDonald (TM), Isla McKenzie (IM), Christian Delles (CD), Paul Forsyth (PF), Victoria Kirkwood (VK), Michelle Bartlett (MB), Jonathan Malo (JM), Terry Quinn (TQ), Stuart Watkins (SW), Mary Galbraith (MG).

1) Welcome

Co-chair AB welcomed everyone to the meeting

- a) A special welcome was extended to our new Trustees MG and also to SW who would join the meeting in due course.

2) Apologies

Apologies were received from Jill Belch, Rebecca Wheeler, Lynn Innes, Chris Packard.

3) Minutes of meeting on 5th May 2021

- a) Approval
The chair AB felt that the circulated minutes were an accurate record of the meeting and as there were no other comments in relation to accuracy the minutes were adopted.
- b) Matters arising from the minutes
The general feeling was that any issues would be covered by the agenda for the current meeting.

4) Resignation of Trustee

It was noted that Dennis Sandeman had resigned as a Trustee. Dennis was a former chair of SHARP and had worked hard to promote the Charity not only in Fife but across Scotland. He was particularly passionate in involving more nursing and allied health professionals in the work of SHARP and promoting the audit and research work carried out by these groups of professionals.

- a) Dennis was our representative on the editorial board of the British Journal of Cardiology. AB indicated that as he had close contact with the editorial team he would fill the role in the interim.

5) **Financial update**

AGB as honorary treasurer reported that the main change in the financial position was the payment of the grant to the University of Dundee. The post of administrative assistant has been vacant since the 30th June 2021 so there is currently no liability to the University of Dundee for staff salary. It is hoped that the draft accounts for the financial year to 30th June 2021 will be available from the accountants in time for the Annual General Meeting (AGM).

6) **Increasing membership**

A brief paper submitted by AGB suggested moving from a subscription membership where an annual fee is paid to a mass membership where there is no charge to become a member. The current annual membership fee of £20 is becoming more difficult to collect with the associated administrative work being significant. As a charity we wish to attract as much interest as possible and getting permission to communicate by email is the key to success in all aspects of our work. There was overall support for the proposal with MF stating that it was an excellent idea and in line with the general trend.

Once ratified at the AGM then hopefully a big recruitment push could begin in early 2022.

7) **Annual Scientific Meeting**

a) **Draft Programmes**

i) JM gave an overview of the speakers and topics for the Scottish Lipid Forum (SLF) component on the morning of 18th November 2021. The topics to be covered included cardiovascular risk, an ASSIGN update, cholesterol targets, the Statinwise trial and an update on inclisiran.

ii) AB felt that the SHARP programme was falling into place. He was delighted that Professor Calum MacRae would attend from Harvard to give the SHARP keynote address on Big Data. Liz Neubeck was suggested to cover screening for AF and IM suggested Carmel McEniery to cover the topic of wearable technology. JW indicated that the SHARP prize which encouraged researchers at the beginning of their career was an important component of the meeting and needed to continue.

b) **Sponsorship**

AB noted that we had two companies which had agreed to sponsor sessions and JM was confident that they would also attract sponsorship for their part of the meeting.

c) **Meeting format**

No one present was in any doubt that the hybrid meeting was the ideal considering the present COVID-19 situation. There was a feeling however that some delegates were keen to return to in person attendance.

8) Communications

a) Advertising the Annual Scientific Meeting

There was a general discussion on the organisations that could be enlisted to help advertise the meeting. The difficulties of directly contacting potential delegates by email, unless permission had been received, was highlighted. There was good coverage from the suggestions received and the organisers would take this forward.

b) Newsletter

JG suggested that a newsletter would be an excellent way of informing members of developments and research taking place in relation to cardiovascular disease.

c) Making use of social media

There were no dissenting comments as it was felt that this was something we needed to encompass. MG and VK would work on an approach to this.

9) Heart disease publications

a) The BHF Scotland publication – A heart disease plan for Scotland developed by the working group chaired by Stuart D Pringle and endorsed by SHARP has now been published.

b) MG mentioned the Womens Health Plan 2021-2024 and suggested SHARP consider involvement in the implementation of Scottish Government Heart Disease Action Plan 2021 . She agreed to contact Kylie Barclay in the Healthcare Quality and Improvement Directorate.

10) Plans for 2022

This will be discussed in detail at our next meeting with Professor George in the chair.

11) Any other business

There was no other relevant business

12) Date of next meeting

This Trustees meeting will be combined with the AGM. Thursday 2nd December at 1400 via ZOOM was agreed.