

Scottish Heart & Arterial disease Risk Prevention

SHARP Trustees Meeting 17 August 2022

MINUTES

Present: Alan G Begg (AGB), Adrian Brady (AB), Morven Dunn (MD), Brian Forbes (BF), Shirley Fraser (SF), Jacob George (JG), Victoria Kirkwood (VK), Tom Macdonald (TM), Isla Mackenzie (IM), Suzanne Mackenzie (SM), Chris Packard (CP), Liz Phillips (LP), Terry Quinn (TQ), Stuart Watkins (SW)

JG in the Chair

1. **Welcome & Apologies**

Apologies: Michelle Bartlett (MB), Jill Belch (JB), Christian Delles (CD), Paul Forsyth (PF), Bill Simpson (BS)

2. **Minutes of last meeting**

2.1 Approved

2.2 Matters Arising

Trustees

JG has approached Joan Ingram (Logan) as a potential Trustee.

JG advised that Mary Galbraith has resigned from the Board for health reasons.

Fundraising

It was agreed that this will now be included in the remit of the Communications Sub Group. See Item 7.

Website

The new SHARP website has been launched. SF asked anyone wishing to update/add their bio/photo to email her.

For future, the website updates will be included under the Communications Sub Group item.

Webinar Series

JG thanked presenters and advised we have received good feedback from attendees. Suggestions requested for future speakers and topics. Two webinars on hypertension and Diabetes have been held and further webinars on Dyslipidemia (next week) and Cerebrovascular disease (Jan 2023) will be held.

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3. Financial update

A current update was circulated with the agenda.

AGB advised that £89,071 held in the Virgin Money account has been reinvested.

AGB also advised that the new website has higher cost implications than the previous version.

AGB noted that some members are still paying membership fees and this should be rectified.

AGB noted that he has been Treasurer for a considerable period and advised he will stand down from this position at the end of 2022. A Trustee is now sought for this role for 2023 onwards. Nominations to SHARP.

JG asked for ideas for how some of the SHARP funds could be best utilised.

Suggestions to SHARP.

4. Research Projects

JB currently analysing historical data – deferred to next meeting as JB unable to attend today.

A Research Projects Sub Group to be created – CP agreed to progress in the first instance. AB/TM/BF/SW also included.

5. Current & Future Patrons

JG advised that the only current Patron is Jackie Ashley, as Lorraine Kelly and Chris Paterson have stood down. After discussion, Tony Singh MBE & Sir Chris Hoy MBE to be approached as potential Patrons. It was also agreed that Dr James Robson should be invited to become a Trustee.

6. Fundraising Sub Group

To be covered under Item 7 for future.

7. Communications Sub Group

As MG has now resigned, JG asked that MD & SF co-chair this group in future. Both agreed and update will be provided at the next meeting.

JG asked for approval in appointing Abid Abbas, developer of the new SHARP website, as a Communications Support Officer. This was agreed by Trustees.

8. Admin Update (SF)

There are currently 863 contacts in the SHARP database, an increase of just over 200 since the last meeting. New contacts mainly due to webinar attendees.

As part of the University of Dundee, School of Medicine's Public Engagement event, SHARP are to have a stall at the upcoming Doors Open Day on Saturday 24 September. The aim is to raise public awareness of SHARP via flyers/promotional items/banner/etc. No cost implications.

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Upcoming webinar – currently just over 160 registered to attend.

Data policies – retention & protection policy drafts circulated with minutes. These were approved by Trustees and will be submitted to the solicitor, along with the privacy policy, for formalisation.

9. AOCB & Date of Next Meeting

2022 ASM

Overall topic is 'Managing Cardiovascular Disease & Risk Management.

JG advised that Roxana Mehran & Sir Rory Collins have been secured as key speakers. JG asked for speaker suggestions to fill three 20-min slots: Obstructive Sleep Apnoea (OSA); Non Familial Dyslipidemia (NFD); Inflammation/Vasculitis/Auto Immune Disease (IVA). AB to contact Eric Livingston re OSA.(UPDATE: Eric unavailable for the ASM date)

VK advised that there are currently 11 Trustees attending the dinner on the evening prior to the ASM. JG encouraged all Trustees to attend and advised that the after dinner speaker will be Jim Robertson, a highly entertaining former PF.

'My 500' exercise programme

AB gave an introduction to the above project and requested approval for £5k of SHARP funds to be used creating a video for this. He advised that SHARP will be credited on this and any future, linked publicity. Trustees agreed to this funding. TQ raised the possibility of using further SHARP funds and the same media company to produce SHARP web content. AB to progress & update at next meeting. JG noted that SHARP would like to pre-view any content prior to publication/release. AB asked Trustees not to share any details of this project as it is confidential at present.

Dep Chair

AB proposed MD as Dep Chair of SHARP, all Trustees in agreement. JG/MD to progress.

SLF November ASM

Speakers - JM advised that there are three slots filled (Harvard academic joining remotely; Anthony Wierzbicki; Gordon Stewart) with two outstanding. Also noted that there are currently five sponsor offers.

Date of next meeting – Thursday 8th December 2022, 2-3pm