SHARP

Scottish Lipid Forum

Collaborate ••• Educate ••• Elevate

SHARP & SCOTTISH LIPID FORUM ANNUAL MEETING

SHARP PRIZE GUIDE

CRIEFF HYDRO HOTEL

12 - 13 NOVEMBER 2026

WWW.SHARPSCOTLAND.ORG

@SHARPSCOTLAND / @SCOTLIPIDFORUM

YOUR GUIDE TO SUBMITTING AN ABSTRACT

Welcome to the SHARP Prize Guide!

SHARP (Scottish Heart & Arterial Risk Prevention) is a leading Scottish charity dedicated to improving the management of cardiovascular diseases and related conditions. We are excited to announce the details of our 38th Annual Meeting, which will take place over two engaging days at Crieff Hydro Hotel in Perthshire, Scotland, on Thursday 12th and Friday 13th November 2026.

Following the success of our 2025 Annual Meeting at Crieff Hydro Hotel, we are pleased to invite healthcare professionals, researchers, and students to submit abstracts for the prestigious 2026 SHARP Prize.

We encourage submissions outlining recent research projects, audits, or clinical improvements that have a direct impact on cardiovascular disease, risk factors including lipids, or CVD complications. Participating in the SHARP Prize provides an excellent opportunity to share your work, gain recognition, and support your professional development.

Our annual meeting serves as a convergence point for healthcare professionals specialising in stroke, lipid disorders, cardiac health, metabolic conditions, and more. It's a great opportunity for educators, researchers, students, and professionals from primary and secondary care to come together, share best practices, and engage in networking, academic collaboration, and professional development.

At SHARP, our unwavering commitment lies in shaping patient care through impactful healthcare research and educational initiatives. Mark your calendars and join us as we continue our journey towards advancing cardiovascular health together.

SHARP Scottish Lipid Forum

WHO ATTENDS?

We are excited to welcome over 100 participants to our event this year, which will feature a dynamic programme including hands-on workshops, engaging lectures, and ample opportunities for exchange and discussion. This event brings together primary and secondary care professionals from across Scotland and beyond. Among our attendees are prominent figures and opinion leaders in the field of lipids and cardiovascular disease, making it an excellent opportunity for networking and learning.

CONSULTANTS / GENERAL PRACTITIONERS
DOCTORS IN TRAINING
NURSES
ALLIED HEALTH PROFESSIONALS
PHARMACISITS
RESEARCHERS
STUDENTS
INDUSTRY COLLEAGUES

MEETING LOCATION

We are pleased to announce that our 2-day, fully in-person conference will once again be held at Crieff Hydro Hotel in Perthshire.

Returning to this well-located and popular venue marks a continued commitment to the traditional format that has been so valued by our attendees.

Event Dates: Thursday 12th - Friday 13th November 2026

Situated in Perthshire, Crieff Hydro Hotel offers a convenient and accessible setting for delegates from across Scotland. With spacious, modern facilities- including state-of-the-art conference rooms and comfortable accommodation- it ensures a seamless and productive experience for all attendees.

We look forward to welcoming you back to Crieff Hydro and providing another valuable opportunity to reconnect with colleagues, engage in meaningful discussions, and continue advancing our shared mission to make a difference.

PROGRAMME

The 2026 Annual Meeting of SHARP & SLF will focus on the current dilemmas in cardiovascular & metabolic conditions relevant to both primary & secondary care.

The event's schedule will feature submitted abstracts, invited lectures, discussions, and case presentations. Attendees will also have the opportunity to participate in hands-on workshops exploring specific scenarios, complemented by original contributions from\ professionals across the UK, fostering extensive interaction and discussion.

Our focus encompasses a diverse range of conditions, including lipid disorders, cardio-oncology, stroke, obesity, heart failure, and renal, among others. Stay tuned as our programme continues to evolve!

Shaping Patient Care

Our Annual Meeting will not only advance professional knowledge but also play a pivotal role in shaping patient care. By fostering collaboration between primary and secondary care professionals, the event will facilitate the exchange of innovative ideas and best practices.

Through discussions on use of data, new therapies, and expanded applications of existing treatments, attendees will gain valuable insights into optimising Scottish patient care pathways, with a particular focus on remote and rural. Moreover, the hands-on workshops and case presentations will provide practical tools and strategies for addressing complex clinical scenarios, ultimately leading to improved patient outcomes.

As professionals come together to share their expertise and experiences, the collective knowledge gained at the meeting will have a direct impact on enhancing the quality of care delivered to patients. Furthermore, the session chairs and organising committee encourage attendees to engage with industry colleagues throughout the event.

GENERAL INFORMATION

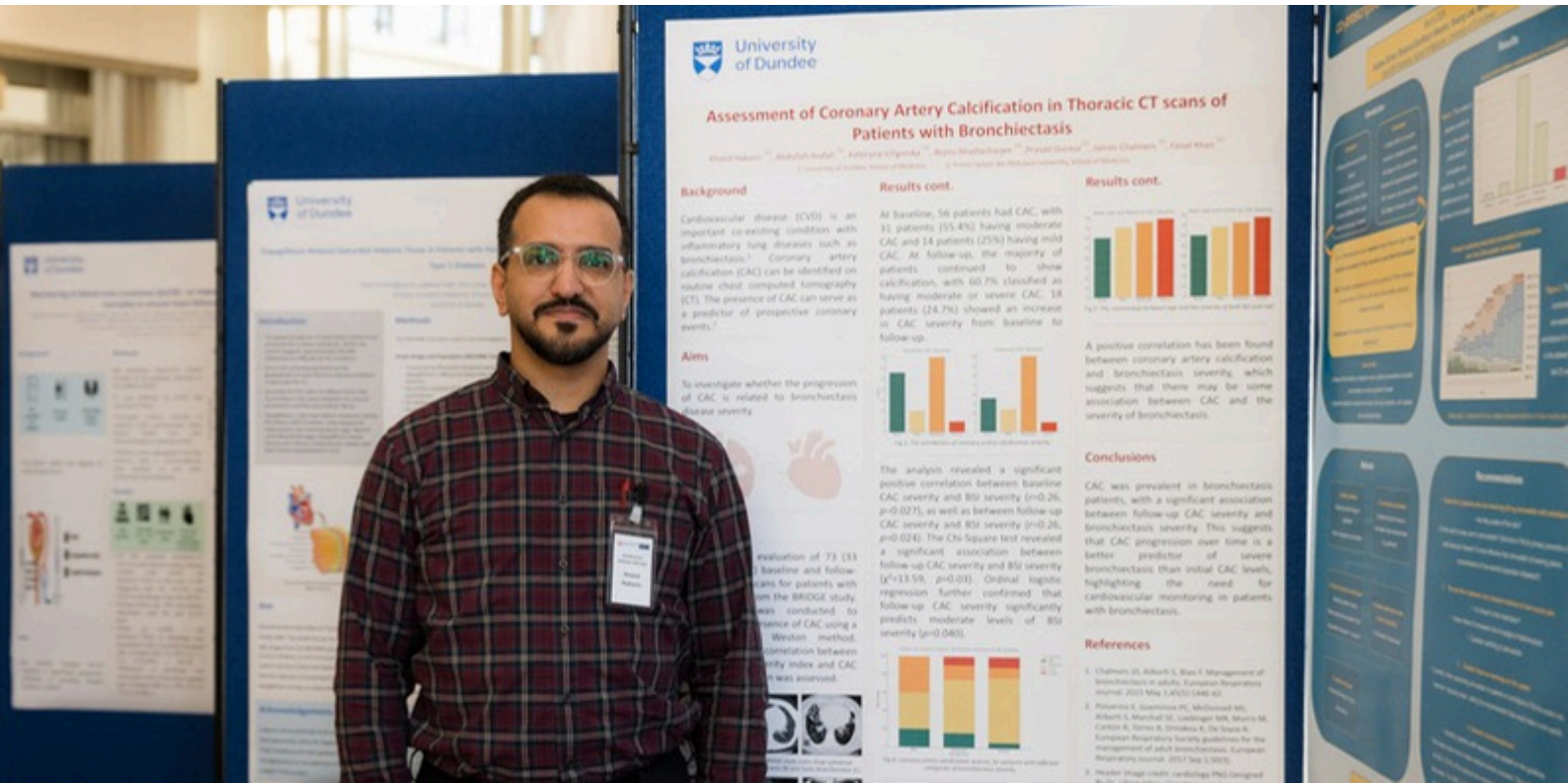
Abstracts will be considered for oral and poster presentation.

- Abstracts selected for presentation will be displayed at the meeting and published in the conference programme and on our website (www.sharpscotland.org).

- Authors selected for oral presentation will be allocated 8 minutes to present plus 2 minutes for Q&A.

KEY DATES

- Submission Deadline: **20th September 2026 at 23:59 (UK time)**
- Notification of outcome: **2nd October 2026**



YOUR STEP BY STEP GUIDE

GUILDELINES FOR ABSTRACT SUBMISSIONS

- Abstracts should be no more than 250 words (excluding title, figures, tables, and references).
- You may submit more than one abstract, providing all work is distinct from each other.
- You must submit your abstract using the 2026 SHARP Prize Abstract Submission online form.
- The deadline for abstract submissions is 20th September 2026 at 23:59 (UK time).
- If you want to withdraw an abstract, please contact admin@sharpscotland.org by the submission deadline.

TERMS & CONDITIONS

ABSTRACT SUBMISSION TERMS & CONDITIONS

- The SHARP Prize is open to SHARP members only. To become a member, visit: https://www.sharpscotland.org/membership.
- All correspondence relating to the abstract will be sent to the presenting author only.
- You must confirm that you have permission from all authors to submit your Abstract.
- In submitting an abstract you confirm that the presenting author, will attend the conference.
- Any changes to the presenter or any other contact details must be communicated directly to SHARP at admin@sharpscotland.org.

SELECTION & PREPARATION

HOW ARE ABSTRACTS SELECTED?

Abstracts are reviewed and shortlisted by the SHARP Executive Committee, who will assess whether the proposed paper fits the scope of the conference.

REGISTRATION FOR THE CONFERENCE

When submissions are accepted, all participants must confirm their involvement by email and register for the conference. A registration link will be included in your acceptance email.

Presenting authors of oral presentations will receive complimentary registration and overnight accommodation for the two-day conference, including attendance at the drinks reception and conference dinner on Thursday evening.

Presenting authors of poster presentations will receive complimentary day registration for both days of the conference.

POSTER PRESENTERS

- Poster presenters must supply a printed poster for display at the conference.
- Posters must be A0 size and portrait orientation. We cannot accommodate posters larger than A0.
- Please bring your printed poster with you on the day for display.
- Please submit a PDF copy of your poster by 25 October 2026, 23:59 (UK time) to admin@sharpscotland.org. Please name your file SHARP2026-YourLastName.pdf.

ORAL PRESENTERS

- In addition to the poster requirements, oral presenters must submit a copy of their PowerPoint presentation by 1 November 2026, 23:59 (UK time) to admin@sharpscotland.org. Please name your file SHARP2026-YourLastName.pptx.
- Please bring your presentation on a USB as a backup.
- You will have the opportunity to meet the technician before your session.

POSTER GUIDELINES

1. GENERAL FORMAT:

- Size & Orientation: A0 size and in portrait orientation. We cannot display posters larger than A0.

2. CONTENT:

- Title: Include a concise and descriptive title at the top. Use a large, bold font (at least 72 pt).
- Organise content into distinct sections: Introduction, Methods, Results, Discussion, and Conclusion.
- Use clear headings (24-36 pt) to define each section.

3. VISUALS:

- Images and Graphs: Use high-quality images and ensure they are clearly labelled. Graphics should be easy to read from a distance.
- Colour Scheme: Use a professional colour scheme that enhances readability. Avoid overly bright or clashing colours.
- Fonts: Use sans-serif fonts for readability (e.g., Arial, Helvetica). Keep font sizes consistent; typically, body text should be 24-36 pt.
- SHARP Logo: The official SHARP logo must be included on the poster. Please ensure the logo is high resolution and not altered or distorted.

POSTER GUIDELINES

4. LAYOUT:

- Flow: Arrange content in a logical flow that guides viewers from the title to the conclusions.
- Sections: Use clear headings and subheadings to separate sections.
- White Space: Include white space as appropriate to avoid clutter and make the poster easier to read.

5. PRESENTATION:

- Practice: Be prepared to present your poster and discuss your research with attendees. Practice a brief summary (1-2 minutes) of your work.
- Engagement: Encourage questions and discussions from viewers. Be open to feedback.

6. PRINTING AND DISPLAY

- You are required to supply a printed poster for display at the conference.
- Posters must be A0 size and portrait orientation. We cannot accommodate posters larger than A0.
- Please bring your poster with you on the day and use the provided display materials for affixing your poster.
- Please remove your poster at the end of the conference.

SHARP

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Ready to Share Your Research?

Showcase your research, share innovative ideas, and contribute to the future of cardiovascular care by submitting your abstract for the SHARP Prize.

NEED MORE INFORMATION?

Please email admin@sharpscotland.org

FIND OUT MORE ABOUT THE MEETING

Please visit: https://www.sharpscotland.org/meeting/annual-meeting-2026