

# SHARP & Scottish Lipid Forum Annual Meeting

## Draft Programme

**Thursday 6th November 2025 - Morning**

|       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08:30 | <b>Registration, Refreshments &amp; Exhibition</b><br><i>The Hub / Melville Hall</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 09:25 | Welcome                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|       | <b>Session 1 - Scottish Government Strategy for CVD</b><br><i>Melville Hall</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 09:30 | Overview<br><i>Karen Duffy, Delivery Director for Preventative and Proactive Care<br/>Scottish Government Health and Social Care Directorate</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| 09:40 | Implications for Primary Care Practice                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 10:00 | Implications for Secondary Care Practice<br><i>Professor Brian Kennon, Consultant in Diabetes &amp; Endocrinology<br/>Queen Elizabeth University Hospital, Glasgow</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| 10:20 | <b>SHARP Prize Presentation</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| 10:30 | Refreshment Break & Exhibition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| 11:00 | <b>Workshops</b><br>Each workshop will last 40 minutes and you will have the opportunity to attend two workshops.<br><br>Workshop 1: Update on Lp(a)<br><i>Dr Rosemary Clarke, SLF Chair &amp; Consultant Medical Biochemist, NHS Highland</i><br><br>Workshop 2: CPR<br><i>Mr John Ramsay, Resuscitation Officer, University of Dundee</i><br><br>Workshop 3: Interpreting an ECHO report<br><i>Dr Ify Mordi, Clinical Senior Lecturer/Honorary Consultant, University of Dundee</i><br><br>Workshop 4: The Role of Pharmacists in CVD risk factor reduction<br><i>Nichola Shaw, Pharmacist, Raigmore Hospital, NHS Highland<br/>Lyndsay Steel, Lead General Practice Pharmacist, NHS Orkney</i><br><br>Workshop 5: The role of Apo E2/E2 genetics in investigating mixed hyperlipidaemia<br><b>Note: This workshop will run only once at 11:00.</b><br><i>Dr Jonathan Malo, Consultant Chemical Pathologist, Royal Infirmary Edinburgh</i> |
| 11:45 | <b>Workshops:</b> Second Session                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

# SHARP & Scottish Lipid Forum Annual Meeting

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**Thursday 6th November 2025 - Afternoon**

12:30 Lunch

12:35 **Daiichi Sankyo Lunchtime Symposium (45 minutes)**

This promotional symposium has been organised and funded by Daiichi Sankyo UK Ltd where medicines will be discussed and is intended for UK HCPs only.

13:30 **Keynote Lecture (TBC)**

**Session 2 - Renal Disease – Dilemmas in Cardiovascular Practice**

*Melville Hall*

14:00 SGLT-2i

*Dr Shona Methven, Consultant Nephrologist, NHS Grampian*

14:20 The role of imaging in CVD prevention

*Dr Michael McDermott, Cardiology Registrar, NHS Lothian*

14:40 How to measure blood pressure accurately

*Dr Fiona Chapman, Senior Clinical Research Fellow &*

*Honorary Consultant Nephrologist, University of Edinburgh & NHS Lothian*

15:00 **SHARP Prize Presentation**

15:10 Refreshment Break & Exhibition

*Melville Hall*

**Please be aware that the programme is provisional and may be subject to change**

# SHARP & Scottish Lipid Forum Annual Meeting

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**Thursday 6th November 2025 - Afternoon**

### Session 3 - Scottish Lipid Forum

*Melville Hall*

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|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 15:40 | Introduction: Lipid profile - how we currently use it<br><i>Dr Jonathan Malo, Consultant Chemical Pathologist, Royal Infirmary Edinburgh</i><br><i>Dr Rosemary Clarke, SLF Chair &amp; Consultant Medical Biochemist, NHS Highland</i> |
| 15:50 | Lipid profile and what it tells us<br><i>Dr Julia Kenkre, Consultant in Metabolic Medicine, Imperial College Healthcare NHS Trust</i>                                                                                                  |
| 16:10 | Fenofibrate and Retinopathy – The LENS Trial<br><i>Professor David Preiss, Professor of Metabolic Medicine and Clinical Trials</i><br><i>University of Oxford</i>                                                                      |
| 16:30 | Ketogenic diets, hyperlipidaemia and ASCVD<br><i>Dr Richard Kirwan, Senior Lecturer in Nutrition &amp; Exercise Physiology</i><br><i>Liverpool John Moores University</i>                                                              |
| 16:40 | <b>SHARP Prize Presentation</b>                                                                                                                                                                                                        |
| 16:50 | Closing Remarks                                                                                                                                                                                                                        |
| 19:00 | Drinks Reception<br><i>Melville Hall</i>                                                                                                                                                                                               |
| 19:30 | Annual Dinner<br><i>Melville Hall</i>                                                                                                                                                                                                  |

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# SHARP & Scottish Lipid Forum Annual Meeting

## Draft Programme

## Friday 7th November 2025 - Morning

|       |                                                                                                                                                                                                                                                |
|-------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08:30 | Registration & Exhibition<br><i>The Hub / Melville Hall</i>                                                                                                                                                                                    |
| 09:30 | Welcome<br><i>Melville Hall</i>                                                                                                                                                                                                                |
|       | <b>Session 4: Heart Failure - Dilemmas in Cardiovascular Practice</b>                                                                                                                                                                          |
| 09:35 | Systolic Heart Failure<br><i>Dr Ify Mordi, Clinical Senior Lecturer/Honorary Consultant, University of Dundee</i>                                                                                                                              |
| 09:55 | Heart Failure with Preserved Ejection Fraction                                                                                                                                                                                                 |
| 10:15 | Takotsubo Cardiomyopathy<br><i>Dr Hilal Khan, Complex PCI and CTO Fellow, Freeman Hospital, Newcastle</i>                                                                                                                                      |
| 10:35 | <b>SHARP Prize Presentation</b>                                                                                                                                                                                                                |
| 10:45 | Refreshment Break & Exhibition<br><i>Melville Hall</i>                                                                                                                                                                                         |
| 11:15 | <b>Workshops: First Session</b><br>Each workshop will last 40 minutes and you will have the opportunity to attend two workshops.                                                                                                               |
|       | Workshop 1: CVD Prevention in the frail patient<br><i>Professor Terry Quinn, David Cargill Chair in Geriatric Medicine<br/>University of Glasgow</i>                                                                                           |
|       | Workshop 2: CVD Quality Prescribing guide - Diabetes and Obesity<br><i>Professor Brian Kennon, Consultant in Diabetes &amp; Endocrinology<br/>Queen Elizabeth University Hospital, Glasgow</i>                                                 |
|       | Workshop 3: CVD Quality Prescribing guide - Hypertension<br><i>Professor Mary Joan MacLeod, SHARP Chair &amp; Consultant, NHS Grampian</i>                                                                                                     |
|       | Workshop 4: CVD Quality Prescribing guide - Lipids<br><i>Nichola Shaw, Pharmacist, Raigmore Hospital, NHS Highland<br/>Mr Paul Forsyth, Lead Pharmacist Clinical Cardiology / Heart Failure Specialist<br/>NHS Greater Glasgow &amp; Clyde</i> |
|       | Workshop 5: CPR<br><i>Mr John Ramsay, Resuscitation Officer, University of Dundee</i>                                                                                                                                                          |
| 12:00 | <b>Workshops: Second Session</b>                                                                                                                                                                                                               |

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**Friday 7th November 2025 - Afternoon**

|       |                                                                                                                                                                                                    |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 12:45 | <b>Lunch &amp; Exhibition</b><br><i>Melville Hall</i>                                                                                                                                              |
| 14:00 | <b>SHARP Prize Awards</b><br><i>Melville Hall</i>                                                                                                                                                  |
|       | <b>Session 5: Dilemmas in who to treat</b>                                                                                                                                                         |
| 14:10 | What do we do about incidental cerebral small vessel disease?<br><i>Dr Fergus Doubal, Honorary Reader and Consultant Stroke Physician<br/>University of Edinburgh Royal Infirmary of Edinburgh</i> |
| 14:30 | The interactions between brain health and frailty<br><i>Professor Terry Quinn, David Cargill Chair in Geriatric Medicine, University of Glasgow</i>                                                |
| 14:50 | ASSIGN v2.0 - An update to Scotland's CVD risk calculator<br><i>Dr Dorien Kimenai, BHF Intermediate Research Fellow, University of Edinburgh</i>                                                   |
| 15:10 | Proteinuria and CVD Prevention<br><i>Dr Rob Hunter, Honorary Consultant in Renal Medicine, University of Edinburgh / NHS Lothian</i>                                                               |
| 15:30 | <b>Closing Remarks &amp; Adjour</b>                                                                                                                                                                |



We would like to thank the organisations listed above for sponsoring this meeting.

This meeting has been organised by SHARP and supported through funding from the above companies. These companies have had no involvement in the organisation of the meeting, with the exception of the sponsored symposium session, for which Daiichi Sankyo UK is fully responsible where medicines will be discussed.